

Dr. Charles Best Secondary

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – Carol Coulson, Vice-Principals – Rob Lederer, Anita Young, Dave Jones (Admin Assistant),
and Sharon McKay (Temporarily Seconded)



Best Vibrations Newsletter – Discover Your Best

October 31, 2017: Issue No. 3

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

HIGHLIGHTS

What's Coming Up?	Page 2
What's Been Happening?	Page 3
Athletics	Pages 4-5
Grad Corner	Page 6
Information	Pages 7-9
Community News	Page 9
PAC News	Page 9
After Grad Fundraiser Order	Page 10

IMPORTANT DATES

November 1

Take Your Kids to Work Day (Grade 9)
Holocaust Symposium (Coq Alliance Church)

November 6

PAC Meeting 7pm

November 9

Remembrance Day Assembly

November 10

School Not in Session (students do not attend)

November 13

Remembrance Day Stat Holiday

November 21-25

Metfest

November 23

First Formal Report Card

November 24

Non-Instructional Day for Redesigned Curriculum
Training (student do not attend)

December 1

Grade 9 Immunization

December 9

Grade 9 Immunization – catch up

December 13

Christmas Music Concert 7pm

December 22

Talent Show 1pm

December 23 – January 7

Winter Break (schools closed)

MESSAGE FROM THE PRINCIPAL



WELCOME TO RIVERDALE HALLOWEEN – OCTOBER 31, 2017

October was a busy month! From academics, to arts, to athletics, Dr. Charles Best Secondary School is certainly moving along at full speed. Students are well into their studies, parents are making plans for upcoming events and staff members have been spending time focusing on the steps and strategies that will enable students to be successful in their studies.

It was wonderful to see so many parents at the Parent/Teacher/Student Interviews and Grade Twelve Parent Meeting. We encourage all of you to keep open the lines of communication with both your children and your children's teachers and counsellor throughout the semester. The number of students involved in the daily activities in and around Best is impressive and students are encountering much success in their endeavors.

In athletics, a number of our Cross-Country, Girls Field Hockey, Swimmers, Junior and Senior Boys Soccer teams and all our Girls and Boys Volleyball teams are wrapping up their league play and are beginning or are in the midst of playoffs and Fraser Valley competition. In the Fine Arts area, our drama students are well into rehearsals in preparation for Met Fest and students in our music department impressed us Wednesday evening at the Fall Music Concert. The Leadership classes have been busy with school activities and planning for today's Halloween Assembly and the hosting of Middle School volleyball tournaments. Thank you to all parents for supporting these activities and events, either by attending games, making sure your sons and daughters get to practices, rehearsals or games on time, or by providing financial support.

We have a number of events and activities planned over the next few weeks including the grade 9 "Take Our Kids to Work Day", the Holocaust Symposium, the Remembrance Day Assembly and more. As always, do not hesitate to be in touch if you have any questions or concerns.

Carol Coulson, Principal

WHAT'S COMING UP?

NOVEMBER 1: TAKE OUR KIDS TO WORK (GRADE 9)

This is a Canada wide program where parents, relatives, friends or volunteers take students to work. The program was started in 1994 to provide students the opportunity to see and experience real workplaces and professions. There is an assignment that students need to complete which has been given to them today. This assignment is due back to their block 2 teacher on November 2.

NOVEMBER 1: HOLOCAUST SYMPOSIUM

This is the 10th annual Holocaust Symposium and is a milestone given the age of the survivors. This year we have Janos Benisz who was born in Esztergom, Hungary in 1938. At the age of 6, Janos and his mother were sent to Strasshauf concentration camp in Austria. Janos spent 9 months in Strasshauf until the Russians liberated the camp. He and his mother returned to the family home and shortly after Janos was placed in an orphanage in Budapest. At the age of 10, he arrived in Winnipeg as a war orphan. We have two additional speakers: Charles Best teacher Ms. Megan Leslie will survey other genocides of the 20th Century and discuss our district's connection to Auschwitz. Six years ago, the Humanities department organized a Spring Break European tour to Holocaust sites – primarily Auschwitz. One student had a connection because his great uncle had been sent there. Please follow this link for more information:

<http://www.tricitynews.com/community/vincent-auschwitz-and-the-accordion-1.1886448>. This will be discussed and the Belair family will be acknowledged. The keynote speaker is Lauren Faulkner Rossi, Assistant Professor of History at Simon Fraser University. She has taught modern German history and Holocaust and Genocide Studies courses in the United States and Canada. She has been involved with the Holocaust Educational Foundation for more than a decade and is currently working on articles about the cultural causes of genocide and the Holocaust, war, and gender. The Charles Best Choir, led by Mr. Brent Hughes will perform songs in Hebrew.

NOVEMBER 9: REMEMBRANCE DAY ASSEMBLY – DR. CHARLES BEST SECONDARY REMEMBERS

On Thursday, Nov. 10, Dr. Charles Best is honoured to have local veterans speak about their experiences in the military and their service to Canada. Among the vets are Bob Sutherland, who just this past June was awarded the Sovereignty Medal for all of his volunteer work dedicated to helping vets with their lives after service. The other decorated Veterans include Doc Cumber, Russ Hellard, Norm Bonin, Peter Howard, James Leslie, and Corporal David Ward. This week, the Social Studies department will be putting up an Honour Wall in the display case outside the main office to feature our visiting Veterans. Together, with our local Veterans, we remember the thousands of men and women who lost their lives in war and various Peacekeeping missions.

NOVEMBER 21 25: METFEST – DRAMA DEPARTMENT - THE BEST PLAYERS

This year the Best Players Fall One Act Festival, *Till Wealth Do Us Part*, will feature *A Government Inspector* by Nicoli Gogol, *The Bear* and *A Marriage Proposal* by Anton Chekov and a selection of Chekov short stories, *The Drowned Woman* and *Too Late for Happiness*, translated into small one acts by Neil Simon. Also, Acting 12 will present *Picnic on the Battlefield* by Fernando Arrabal and *The Taming of the Shrew* by William Shakespeare. Our festival opens Tuesday, November 21 and runs to Saturday, November 25. Tickets are \$5.00 for students and seniors and \$8.00 for adults. Box office opens at 6:45PM, doors open at 7:00PM. Save these dates because every night will be filled with a selection of different plays. It is always a privilege to collaborate with the teachers and students here at Charles Best. The best of all educational perspectives is realized when art, carpentry, music and drama teachers and students work together. Year after year, I witness the students here own these learned life experiences and the quality of our presentations just seems to improve. A very real passion for theatre has captured the hearts and minds of all the players who elect to pursue excellence in this craft. We hope that we can capture you, the audience, in much the same way. See you in the theatre. Brad Case

WHAT'S BEEN HAPPENING?

TERRY FOX RUN/ASSEMBLY: SEPTEMBER 29

Thanks for all your support. The school raised over \$2000 for cancer research. A special thanks to Mr. Lederer for being willing to have a pie thrown in his face to help with the fundraising.

WE DAY 2017: OCTOBER 18

We Day on October 18 was a powerful, life-changing event that combined the energy of a live concert with the inspiration of extraordinary stories of leadership and change. We had 24 students/staff attending. It brought together world-renowned speakers and award-winning performers with tens of thousands of young people to celebrate their contributions and kick-start another year of change. We Day has evolved from a single event nearly eight years ago into a series of 14 stadium-sized events held across Canada, the United States, and the UK. This past year 200,000 students attended We Day and left inspired to create change at local and global levels. You cannot buy a ticket to We Day. Students earn their event tickets by taking one local and one global action through We Schools, our yearlong educational program that engages and empowers young people to become compassionate leaders and active citizens. Some students collect food for homeless shelters, others raise money to build classrooms overseas. Thankfully, we have a strong leadership core of students every year. This year, one of our Me to We leaders, Emily Lam was recognized in front of 20,000 students for her contributions in the creation of a library at a needy school. With the spotlight upon her, she received a gift for herself and the school from the We Day speaker – all televised! We are all very proud of her.

FALL MUSIC CONCERT: OCTOBER 24

The music department performed their first concert of the year. Over 200 students were involved performing in our 6 ensembles. Thank you to everyone who attended; it was great to have such a large and supportive audience! Our next performance is our Christmas Concert on Wednesday, December 13th at 7:00pm. The music department will once again be participating in the Thrifty's smile card fundraising program. If you shop at Thrifty's and would like to support the music department, please email Mr. Hughes bhughes@sd43.bc.ca to arrange pick-up of a smile card.

WOODWORKING

The Charles Best woodworking students have been hard at it with the latest batch of benches being attached in the various areas around the school. Thank you to the PAC for their support of this great school project.



ATHLETICS

CROSS COUNTRY

Cross Country runners faced torrential downpours at Crescent Park in South Surrey during the Fraser Valley Championships last week. The senior girls' team composed of Chantelle Leimer, Isabel Wilson, Ariona Curiel, and Claire Howell qualified for provincials, placing 4th overall. The junior boys just missed qualifying by one spot, coming 9th overall, although Jackson Shong qualified as an individual runner. Jordan Attridge, Tim Baker, Josh Dean, Elliot Heath, Joel Illman, Zach Lillico, and Macarthy Whyzel rounded out the field of runners representing Best at the meet. We are looking forward to provincials at Jericho on November 4!

JUNIOR BOYS SOCCER

The junior boys' soccer team wrapped up the North Zone league play with a 1-0 victory over Riverside Secondary. The win guarantees the team a 1st place finish with a 6 and 1 record. The team will be competing in the Fraser Valley playoffs next week. Coach Napoletano has been very impressed with the boys' high skill level and their tenacity and desire to compete hard. Good luck to our junior boys' team in the playoffs.

GIRLS FIELD HOCKEY

After completing league play with an undefeated record of five wins and one tie, the Blue Devils went on to compete for the District Championships. They beat a tough young squad from Centennial in the semi-finals and then went on to meet Gleneagle in the finals. The game took two days to complete because of the torrential rains and the flooded field. Ultimately, the game was still tied after two periods of overtime but unfortunately, we lost in a shoot-out. The team advanced to Fraser Valley competition on Wednesday and Thursday last week and qualified to secure a third place berth to the Provincial Championships in Richmond on November 15th to 17th. Coaches Coulson, Jenkins and Sinclair would like to recognize and acknowledge the hard work and dedication of the eight senior members of the team: Alex Darts, Emily Davis, Kaitlyn Daly, Lauren Schneider, Liana Barzal, Madeline Rindahl, Shannon Lo and Shayla Turner.



SWIM TEAM



The junior swim team won first at districts and the seniors won second, resulting in our Best swimmers finishing first overall. Hattie Sun broke a meet record in the 50 fly, so the teams are literally off to a FLYING start! At the Fraser Valleys, eight swimmers qualified for provincials: Tim Baker, Jay Cho, Raymund Koh, Zach Lillico, Sarah Luo, Hattie Sun, Emily Trepanier, and Sarah Yung. Wish them luck for the upcoming meet on November 17th and 18th!

JUNIOR GIRLS VOLLEYBALL

The team had a slow start but ended with a strong finish! We placed 7th in the district. Thanks to our student coaches Audrey and Evelyn. Thanks also to all the players who made this one of our most enjoyable seasons ever: Team Captain Danika Sudiro, Megan Archbold, Eliana Arapi, Zoe Brouillette, Maiya Callister, Georgia Hamnett, Kaya Hestdalen, Alyssa Jewett, Elyssa Kahle, Sara Mahdavian, Kaia McGowan, and Megan Woerler.



SENIOR GIRLS VOLLEYBALL

The senior girls' volleyball team has been fighting hard through a tough season. As a young, developing team of primarily grade 11 girls, they show improvement with every game. Most importantly, the girls continue to have fun and persevere.

SENIOR BOYS VOLLEYBALL

The Sr. Boys volleyball team will wrap up their league play on Thursday against Riverside. They currently are 2nd with a record of 5-1. Good luck to them as they prepare for the up and coming Fraser Valley Championships in mid-November.

GRAD CORNER

On Monday, October 16th we had over 16 local universities and colleges presenting at Best to our grade 12 and 11 students. The event was well received by both students and the presenters. Thanks to all of our grade 9 and 10 Best Buddies for helping to make this event a success.

Please note the following dates for additional university presentations:

Monday November 6th (10:30 -11:15 in the foyer) – Queen’s University

Wednesday, November 8th (3:30pm in the Library) - University of British Columbia

Tuesday, November 14th (9:45am – 11:00am in Room 208) – Emily Carr University

Friday, November 17th (10:30 - 11:30 in the foyer) – McGill University

Monday, November 27th (9:15am – 10:30am in the Foyer) – University of Alberta

Grade 12 students interested in attending university/college should be taking a look at the application forms now. Some programs have a comprehensive application and may involve essays and reports on their activities. Please do not wait until the last minute before applying.

The central application site for most BC post-secondary institutions is <https://apply.educationplannerbc.ca/>

December 1st, 2017 - UBC - Early Application/Entrance Scholarship deadline

December 5th – 7th, 2017 – Counsellors will be presenting to grade 12 students in Block 3 in the library on the new Student Transcript Service

Notable links for grade 12 career/program exploration

Charles Best - Online Career Centre:

<https://www.sd43.bc.ca/school/charlesbest/ProgramsServices/career/Pages/default.aspx>

My Blueprint: <http://www.myBlueprint.ca/sd43>

Ontario Universities Applications Centre: <https://www.ouac.on.ca/ouac-105/>

Electronic Info (Ontario) <https://www.electronicinfo.ca/>

MONTHLY CHECKLIST – NOVEMBER 2017

- Check your Transcript Verification Report to confirm the accuracy of your record at the Ministry. See your school counselor for details.
- Apply for a Social Insurance Number (SIN#) if you do not have one.
- Continue to check your daily Best Informer and the Career Centre for scholarship and post-secondary information.
 - If you are a First Nations student, talk with your counselor or Mrs. Healey Wright about financial aid scholarship opportunities for Aboriginal students. Other resources are the District Aboriginal Education Program (604.945.7386) and our Aboriginal Youth Worker. Also, check with your band Office or Friendship Center.
- Apply to BC Post-Secondary schools @ www.educationplannerbc.ca

GRAD GOWN SIZE

If you have not handed in your form for your grad gown size please complete and return to Mrs. Zanatta in the office. Blank forms are available in the office.

GRAD 2018 CLOTHING

Grad wear is now on sale until Friday, November 17. Please order online @ <http://bestgradwear.com>. Please see Ms. Lynn in the office for sample sizes. See Mrs. Thomas or Mr. House if you have any questions.

INFORMATION

SCHEDULE FOR JANUARY 2018 – END OF SEMESTER

- As part of the learning outcomes for Career Education 9, attendance is mandatory for all grade 9 students for the presentation on Monday, January 22nd. The presentation will be very engaging and attendance will be taken.
- The Provincial Numeracy Exam begins in January 2018 and is mandatory for graduation for students presently in grades 10 and 11 who have not previously written a Math 10 Provincial exam. All students taking a Math 10 or 11 course in semester one will write the exam in January. Students taking a math 10 or 11 course in semester 2 will write the Numeracy exam in June.
- Grade 12 students not writing the English 12 Provincial exam in January are expected to complete their GT Exit Interview on Thursday, January 25th.
- Teachers will be available by appointment for tutorial sessions as indicated below.

Monday, January 15 <i>Regular Day</i>	Tuesday, January 16 <i>Regular Day</i>	Wed., January 17 <i>Regular Day</i>	Thursday, January 18 <i>Regular Day</i>	Friday, January 19 <i>Last Day of Regular Classes for Semester One</i>
Monday, January 22 <i>9's CE Presentation</i> 10:45-12:00 (all grade 9's to attend) <i>Open Tutorials</i>	Tuesday, January 23 <i>Numeracy Exam for Grade 10's</i> (am and pm sessions) <i>Open Tutorials</i>	Wed., January 24 <i>Numeracy Exam for Grade 11's</i> (am and pm sessions) <i>Open Tutorials</i>	Thursday, January 25 ENG 12 (9am) <i>GT – Exit interviews</i> <i>Open Tutorials</i>	Friday, January 26 Grade 8 Walkabout COMM 12 (9am) FRAL 12 (1pm)
Monday, January 29 <i>School Pro-D Day</i>	Tuesday, January 30 Semester 2 begins <i>Regular Day</i>	Wed., January 31	Thursday, February 1 Report Cards home	Friday, February 2

MINISTRY OF EDUCATION – GRADE 10 TO 12 CURRICULUM

This week the Ministry of Education announced a delay in the full implementation of the Grade 10 to 12 curriculum. The implementation is still on track but the Ministry has opted for a more gradual approach.

What follows are the most recent timeline revisions according to the Ministry:

- **The full implementation of Grade 10 continues as planned for all subject areas.** The Grade 10 curriculum documents will be finalized and available for use by April of 2018.
- Grade 11 and 12 courses will have one additional year of transition support prior to the full implementation in July of 2019. The Grade 11 and 12 curriculum will be finalized and available at the end of June, 2018.
- The provincial graduation **numeracy assessment** will be implemented for the first time in January of 2018 with subsequent sessions in June and August of 2018.
- The provincial graduation **literacy assessment** will be implemented for the first time in January of 2020.

NEW – STUDENT TRANSCRIPTS SERVICE

StudentTranscripts Service (STS) is a new online application for students to view their school marks, scholarships and transcript, and send transcripts electronically to the post-secondary institutions of their choice. The STS replaces the Student Secure Web. Link: www.StudentTranscripts.gov.bc.ca

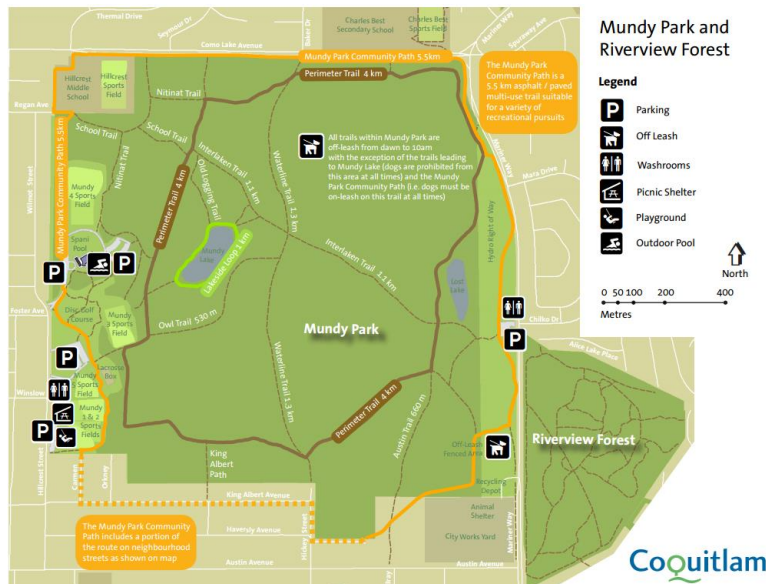
FITNESS FRIDAYS

The Department of PE would like to remind students that with the cold weather they must bring appropriate clothing for the Fitness Fridays. Especially with fall underway and winter coming, rain will be joining us on a more regular basis. Therefore, students must be ready to go out in the Park with their class. We would like to take this opportunity to remind students to follow the safety procedures in place while in Mundy Park. Students should always run with a

buddy, have their cellphones with the school's phone number, and pay attention to the teacher's instructions regarding which run they are doing that day. Be advised that if a student gets injured in their PE class, they need to inform their PE teacher, so the correct procedures can be followed. Looking forward to seeing you all running!

PHOTO RETAKE PACKAGES & GO CARDS

Photo packages from retake day have arrived in the office. If you have ordered a package, please have your child pick it up in the school office or parents are welcome to drop by between 7:30AM – 4:00PM. We also have many Go Cards that still have not been picked up. Go Cards are necessary for transit, provincial exams, and library usage.



BEST SPIRITWEAR/GRAD 2018 CLOTHING

Don't miss out! Dr. Charles Best Spiritware (hoodies, tees, sweatshirts and pants) are only available to order until November 2. Order online by going to our school web page:

<http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>, Quick Links – Spirit Wear Clothing. Sample sizes are available in the school office to try on before ordering. Please note that there are no exchanges, returns or refunds. All clothing will be delivered directly to the school in December. Grad wear is now on sale until Friday, November 17. Order online at <http://bestgradwear.com>

YEARBOOK DEADLINE

The deadline for purchasing yearbooks is December 31, 2017. Order online on our school webpage, Quick Links, Student Fees. There are under 170 yearbooks left to purchase so do not miss out!

GIFT CARDS

We now have Amazon.ca and Tim Horton's on our school gift card fundraiser. Please place your order before November 25th to use these for Christmas gifts, stocking stuffers, etc. Cards will be ready for pick up at the school office in early December. Link: <https://sd43.schoolcashionline.com/Fee/Details/9069/108/False/True> Thanks for your support! All proceeds go directly to the school.

HOODIE COLLECTION FOR COVENANT HOUSE

We are hoping to collect some new or gently used, adult sized hoodies to be distributed through Covenant House to homeless and at risk youth. There will be a box in the school foyer where donations can be dropped off until November 3. Thank you in advance to anyone who decides to donate. If you have any questions you can contact Sandyt@telus.net

ENVIRONMENTAL CLUB – RECYCLED BRITA PRODUCTS

Do you use Brita water filters? Do you know that you can currently recycle them and prevent them from ending up in the landfill? Well you are in luck! The Environmental Club is currently collecting Brita filters and products. Accepted products are listed in the picture on the right. You can drop off any of these products in the labelled box in the main office. Thanks for your support!

COMMUNITY NEWS

A KPJR Films production in association with Artemis Rising Foundation.



RESILIENCE
THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

fig1

Resilience characterizes the birth of a new movement among pediatricians, therapists, educators, and communities who are using cutting edge brain science to disrupt cycles of violence, addiction, and disease. View the trailer by clicking [HERE](#).

Parent Speaker Series
Adverse Childhood Experiences (ACEs)

FREE Screening of Resilience (2016) and Panel Discussion
Facilitated by Linda Uyeda, MD, CCFP

We will be accepting donations of cash or non-perishable food items to support the local foodbank.

<p>DATE: NOVEMBER 8 DOORS 6:00PM FILM AT 6:30PM EVERGREEN THEATRE COQUITLAM CLICK HERE FOR TICKETS OR SCAN QR CODE</p> 	<p>DATE: NOVEMBER 29 DOORS 6:00PM FILM AT 6:30PM TERRY FOX THEATRE PORT COQUITLAM CLICK HERE FOR TICKETS OR SCAN QR CODE</p> 
--	--

SharedCare | BRITISH COLUMBIA | doctors of BC | Fraser Northwest Division of Family Practice

Brought to you by the Tri-Cities Local Action Team (LAT) as part of the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative, funded in partnership by Shared Care Doctors of BC, the BC Government and the Fraser Northwest Division of Family Practice

BRITA® RECYCLING PROGRAM

ACCEPTED WASTE



See the picture above for what you can send in through this program. Then, when you replace your Brita® filters or are finished using a Brita® product, send it in to TerraCycle to be recycled.

Brita® Recycling Program accepted waste:

1. Brita® dispensers
2. Brita® bottles
3. Brita® bottle filters
4. Brita® standard filters
5. Brita® Longlast™ filters
6. Brita® filter packaging
7. Brita® faucet filtration systems
8. Brita® pitchers

BRITA | TERRACYCLE

TerraCycle and the TerraCycle Logo are a property of TerraCycle, Inc. used under license. 0017

PAC NEWS

Next PAC Meeting: November 6, 2017, 7PM in the Library. All parents are welcome to attend.

Next After Grad Meeting for Parents: November 7, 7PM in the Library. Grade 12 parents are welcome to attend. We will be discussing plans and progress to date.

DR. CHARLES BEST SECONDARY AFTERGRAD FUNDRAISER - CLASS OF 2018

Christmas Order Form



Name _____

Phone # _____

- Cash or Cheque (payable to: Dr. Charles Best Secondary)
- submit form to the school office – order before November 10th
- orders will be ready for pick up in early December
- contact marijana@palmieribrospaving.ca for more details



<u>Item</u>	<u>Price</u>	<u>Quantity</u>	<u>Totals</u>
28" Wreath	\$25.00		
10" Poinsettia	\$30.00		
6" Poinsettia (red)	\$10.00		
(pink)	\$10.00		
(white)	\$10.00		
6" Decorated Poinsettia	\$15.00		
4.5" Poinsettia	\$5.00		
			Total \$